



This Institution is an equal opportunity provider
Menus are subject to change



North Country Junior
Union High School Lunch
April 2018

Mon. April 2	Tues. April 3	Wed. April 4	Thurs. April 5	Fri. April 6
Oven Baked Chicken Tenders w/Dipping Sauce Garden Pasta Salad Fresh Fruit & Veggie Bar	Taco Bar w/ Soft Shell Tortilla Rice Pilaf Fresh Fruit & Veggie Bar	Grilled Ham & Cheese Sandwich Chicken Noodle Soup Fresh Fruit & Veggie Bar	Homemade Shepherd's Pie (Ground Beef, Mashed Potato & Corn) Cornbread Fresh Fruit & Veggie Bar	BBQ Pork Quesadilla Roasted Potato Wedges Fresh Fruit & Veggie Bar
Mon. April 9	Tues. April 10	Wed. April 11	Thurs. April 12	Fri. April 13
Philly Cheese Steak Homemade Potato Salad Fresh Fruit & Veggie Bar	Taste Test Event Chicken & Cheese Quesadilla Rice Pilaf Fresh Fruit & Veggie Bar	Buffalo Dip w/Tortilla Chips Caesar Salad Fresh Fruit & Veggie Bar	Spaghetti w/ Meat Sauce Garlic Breadstick Fresh Fruit & Veggie Bar	Birthday Celebration Chicken & Biscuits Garlic Butter Roasted Carrots Fresh Fruit & Veggie Bar
Mon. April 16	Tues. April 17	Wed. April 18	Thurs. April 19	Fri. April 20
No School	No School	No School	No School	No School
Mon. April 23	Tues. April 24	Wed. April 25	Thurs. April 26	Fri. April 27
Meatball Sub Kale Pesto Pasta Fresh Fruit & Veggie Bar	Nachos Supreme Rice Pilaf Fresh Fruit & Veggie Bar	Chili Cheese Dog Maple Dill Carrots Fresh Fruit & Veggie Bar	Spring Dinner Seasoned Roast Pork Mashed Potato w/Gravy Steamed Peas Dinner Roll Spring Dessert	Pancakes w/ Local Maple Syrup Sausage Links Sweet & White Home Fries Fresh Fruit & Veggie Bar
Mon. April 30				
Hot Hamburg Sandwich w/ Gravy Oven Baked French Fries Fresh Fruit & Veggie Bar				

April



Daily Lunch Offerings:

Main Meal or
Cabot Yogurt Parfait or
Deli Sandwich or Express Lane
Grab & Go Sandwiches and Salads
Homemade Pizza or
Vegetarian Option

Offered with all Meals

Fresh Fruit & Veggie Bar
& Vegetable Soup
Fresh Fruit
Hood Milk: Skim,
1% white or
Fat-Free Chocolate

Taste Test Event
Tuesday
April 10, 2018
Featuring
Carrots

Harvest of the Month
Carrots

Local Products Used
when available

	Prices	
Breakfast	\$1.50	Lunch \$3.00
Adult Breakfast	\$1.75	Adult Lunch \$3.50
	Milk \$.50	
<p>Pay for meals on-line For free on-line service go to http://www.abbeygroup.net Search for Your School and Click the K12 Payment Center link</p>		

We Support Local New England Companies

Koffee Kup Bakery/VT Bread Co.- Breads & Rolls
Cabot Cooperative- Yogurt, Sour Cream
King Arthur Flour- Dinner Rolls, Pizza Dough
Chappelle's Potatoes
Georgia Mtn. Maples Syrup- VT. Maple Syrup
Sunrise Orchards-Apples
Mazza Farm Stand- Local Produce
Green Mtn. Farms- Cream Cheese
Hood-Milk





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Mon. April 2	Tues. April 3	Wed. April 4	Thurs. April 5	Fri. April 6
Sausage & Cheese English Muffin, Ham & Cheese Bagel, Banana Bread	Sausage & Cheese English Muffin, Ham & Cheese Bagel, Sausage Wrapped in Pancake	Sausage & Cheese English Muffin, Ham & Cheese Bagel, Asst. Cereal w/ Cheese Stick	Sausage & Cheese English Muffin, Ham & Cheese Bagel, Twin Cinnamon	Bacon Cheddar Biscuit Ham & Cheese Bagel, Blueberry Muffin w/Cheese Stick
Mon. April 9	Tues. April 10	Wed. April 11	Thurs. April 12	Fri. April 13
Sausage & Cheese English Muffin, Ham & Cheese Bagel, Banana Bread	Sausage & Cheese English Muffin, Ham & Cheese Bagel, Sausage Wrapped in Pancake	Sausage & Cheese English Muffin, Ham & Cheese Bagel, Asst. Cereal w/ Cheese Stick	Sausage & Cheese English Muffin, Ham & Cheese Bagel, Twin Cinnamon Buns	Bacon Cheddar Biscuit Ham & Cheese Bagel, Blueberry Muffin w/Cheese Stick
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Mon. April 30				
Sausage & Cheese English Muffin, Ham & Cheese Bagel, Banana Bread				



**North Country Junior
Union High School Breakfast
April 2018**

Breakfast in the Classroom
Each Meal Served w/Your Choice of:
100% Fruit Juice or Fresh Fruit
Students may take two fruit servings with each meal. They must take at least one to qualify for the meal prices listed.

**Hood Milk: Skim,
1% white or
Fat-Free Chocolate**

Questions or Comments regarding your School Meal Program?
Please contact The Abbey Group Vice President of Operations Scott Choiniere
scott@abbeygroup.net



Prices

Breakfast	\$1.50	Lunch	\$3.00
Adult Breakfast	\$1.75	Adult Lunch	\$3.50
	Milk		\$.50

Pay for meals on-line
For free on-line service go to
<http://www.abbeygroup.net>
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Looking for a job that lets you be at home when your family needs you there?
Come Join our Team!! Go to the link below.
You can download an application or see what we have available through Careerbuilder.
<http://www.abbeygroup.net/careers.php>

